

# Transition and Community Resources

The following transition and community resources are designed to empower students and their families with valuable insights into post-secondary services and pathways. Whether exploring higher education, vocational training, or independent living options, these resources offer guidance tailored to each student's goals. They also provide practical strategies to help families prepare for life beyond public school graduation. Accessing this information early can make the transition smoother and more successful.

## **LIDDA and LMHA**

Texana Center: Provides crisis, mental health, ABA, developmental disability services to our area. Texana is the Fort Bend Local Mental Health Authority and Local IDD Authority.

<https://www.texanacenter.com/>

## **Dayhab and Residential Services**

**Texas Unified Licensure Information Portal – Dayhab and Residential List (TULIP):** The Texas Unified Licensure Information Portal contains the list of dayhabs and residences for the state of Texas. As locations are opened and closed, this will provide the most up to date information on dayhabs and group homes in your area.

[LTC Provider Search](#)

**The Coalition for Barrier Free Living:** Provides programs and services to support individuals with independent living.

<https://hcil.cc/>

## **Vocational Programs**

The following programs provide services to individuals to procure and support employment.

**Texas Workforce Commission:** <https://www.twc.texas.gov/>

**Workforce Solutions:** <https://www.wrksolutions.com/>

**18 and Beyond Special Services:** <https://18andbeyondspecialservices.org/>

**NonPareil Institute of Houston:** <https://npusa.org/>

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**Summerhouse Houston:** <https://summerhousehouston.org/>

**The H.E.A.R.T. Program:** <https://heartprogram.org/>

**The Center for Pursuit:** <https://www.pursuitcenter.org/>

## **Guardianship and Alternatives**

At the age of 18 all individuals become their own guardians unless an adult seeks guardianship of the individual. The resources below assist with gaining guardianship or seeking other shared decision-making alternatives.

**Brazos Bend Guardianship:** <https://brazosbendguardianship.org/>

**Texas Council for Developmental Disabilities:** <https://tcdd.texas.gov/>

**The ARC of U.S. Supported Decision Making:** <https://thearc.org/decision-making-resources/>

## **Insurance and Financial Assistance**

The following resources provide assistance for accessing grants, waivers, SSI, and other insurance and financial aids.

**Navigate Life Texas:** <https://www.navigatelifetexas.org/en>

**Texas Health and Human Services:** <https://www.hhs.texas.gov/>

**Texas Able:** <https://www.texasable.org/>

**National Disability Institute:** <https://www.nationaldisabilityinstitute.org/>

**The ARC Master Pooled Trust:** <https://www.thearcoftexas.org/trust/>

**Social Security Administration:** <https://www.ssa.gov/>

## **Community and Advocacy Support**

**The ARC of Fort Bend:** Provides residential services, advocacy, special Olympics, scholarships, community resources, and support groups.

<https://arcoffortbend.org/>

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## **Post Secondary Education**

The following institutions of higher education provide vocational based programs at the college campuses.

**HCC VAST Program:** <https://www.hccs.edu/continuing-education/departments/hcc-vast-academy/>

**Texas A&M Aggie Achieve:** <https://aggieachieve.tamu.edu/>

**University of Texas – E4 Texas:** <https://disabilitystudies.utexas.edu/e4texas>

**University of St. Thomas:** [https://www.stthom.edu/Academics/School-of-Innovation-and-Professional-Studies/Associate-Degrees/Applied-Science/Pragmatic-Studies/Index.aqf?Aquifer\\_Source\\_URL=%2FPragmaticStudies&PNF\\_Check=1](https://www.stthom.edu/Academics/School-of-Innovation-and-Professional-Studies/Associate-Degrees/Applied-Science/Pragmatic-Studies/Index.aqf?Aquifer_Source_URL=%2FPragmaticStudies&PNF_Check=1)

## **Transportation**

The following resources provide transportation support around Fort Bend County and the Houston area.

**Fort Bend Transit:** <https://www.fortbendcountytexas.gov/government/departments/public-transportation>

**Houston Metro:** <https://www.ridemetro.org/riding-metro/transit-services/metrolift-paratransit>

## **Transition Information and Planning**

The following resources focus on providing more information about IEP transition requirements as well as planning tools for future transitions.

**Texas Project First:** <https://texasprojectfirst.org/en/transition-in-the-iep/>

**Texas SPED Support:** <https://spedsupport.tea.texas.gov/topics/transition>

**The ARC U.S. Center for Future Planning:** <https://futureplanning.thearc.org/>

**The ARC U.S. Online Tool: Build Your Future Plan:**  
[https://futureplanning.thearc.org/users/sign\\_up](https://futureplanning.thearc.org/users/sign_up)